

## Heal Thy Self Summit

I am Blessed and Grateful to be a part of this Summit.

Heal Thy Self Summit:

June 7-14



Would you like to feel more empowered as you move through each day? no matter what's in front of you? Do you need some guidance and

inspiration to move you to live with more vibrancy and a true sense of well-being?

Are you ready to heal yourself?

Join us as these amazing women who have made this conscious choice in their own lives come together to share their stories, strategies, tools, and wisdom for you! They are the co-authors of the soon-to-be-released book, Heal Thy Self.

These women share their souls, and provide strategies, tips, and practical advice based on their own journey of healing.

You will learn how they changed their mindset, adjusted their habits, and alchemized their way of being to experience healing of their

physical body, their emotional state, their psyche, and their spirit.

The Heal Thy Self Summit provides more than 10 hours of complementary inspiration, motivation, encouragement, and lessons - especially for you.

**You CAN heal yourself. We'll help you do it!**

Register Now at:

[www.healthyselfwisdom.com/summit](http://www.healthyselfwisdom.com/summit)

Much Love and Gratitude,

Carly Alyssa Thorne