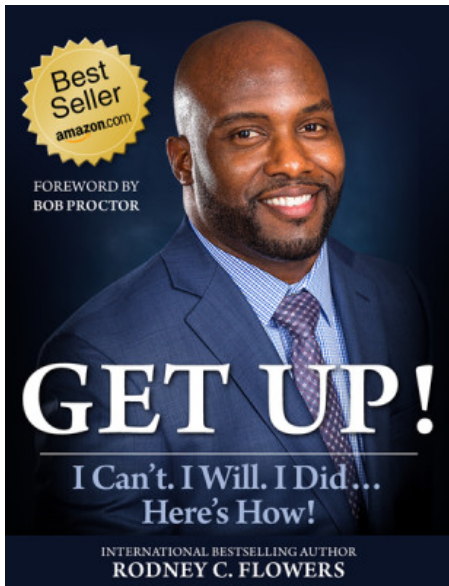


## Get up with Rodney Flowers

Today on Straight Talk With Carly Alyssa Thorne we talk with Rodney Flowers about Get Up! I Can't. I Will. I did... Here's How!



Get Up - Rodney Flowers

**For the VIDEO VERSION:**

[Never Ever Give Up - Get Up with Rodney C Flowers](#) from [Carly Alyssa Thorne](#) on [Vimeo](#).

**Direct Link to the Video in case embed is not cooperating:**

<https://vimeo.com/149861680>

For the AUDIO-PODCAST VERSION:

**Direct Link to the Podcast in case embed is not cooperating.**

<https://www.spreaker.com/user/carlyalyssathorne/never-ever-give-up-get-up-with-rodney-c->

For more information on Rodney Flowers go to:

**Website:**

<http://www.rodneyflowers.com>

**Twitter:**

<https://twitter.com/RodneyFlowers22/>

**Facebook:**

<https://www.facebook.com/RodneyFlowersfans/>

**Interviewer,Producer: Carly Alyssa Thorne**

**Website:** <http://www.CarlyAlyssaThorne.com>

**Facebook:** <https://www.facebook.com/carlyalyssathorne>

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<https://twitter.com/CarlyAThorne>

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Any advice or subjects Carly Alyssa Thorne, and or guests discuss are of our own Personal experiences, education, and journey of life with self and or clients.

Carly Alyssa Thorne is not a licensed psychologist, doctor, attorney or accountant. Before making any decisions using information based from Carly Alyssa Thorne either shared via: voice, email, interviews, blogs, webinars, podcasts, video shows, teleconferences, any books authored or co-authored by Carly Alyssa Thorne or any other form of communication, it is always advised that one receive advice from your own licensed professional you deem necessary based on subject example: for finances-accountant, legal-lawyer, medical-doctor etc...

We also recommend that everyone seek counsel from their own personal doctor, therapist etc? before starting any sort of exercise, health, lifestyle or eating regimen of any kind based on any information you hear, read, and or see, as we all have and are unique individuals with diverse medical, social & family histories.

All information is subject to verification, errors and omissions.