

Finding Peace Amongst Anxiety

Today on Straight Talk With Carly Alyssa Thorne we talk with Jodi Aman, Finding Peace Amongst Anxiety.



Today on Straight Talk with Carly Alyssa Thorne we talk with Jodi Aman about life & finding peace amongst anxiety.



Join us on the journey with the full podcast & video embeds & all information & bios at:
carlyalyssthorne.com/finding-peace-amongst-anxiety/

Jodi Aman

About Jodi Aman

From the garden she started when she was 8 years old to the baby ducks she found a home when she was 10, Jodi has always been passionate about nurturing life. With sharp empathy into the complexities of people's pain?since she has recovered from her own family chaos and panic attacks?and a keen understanding of how and why people get stuck there, Jodi has decided to dedicate her life to helping people feel less lonely and afraid.

As a practicing psychotherapist for 20 years, workshop facilitator, and motivational speaker, she's helped people with every problem in the book. By reflecting back the best in people, she helps them break down guilt and fear in order to allow the person they want to be in the world to shine through.

People leave her presence feeling light, whole, and knowing their next steps to sustain that good feeling. Her practicality and light-heartedness is like a light shining in the darkness. She doesn't tell you what to do, she shows you.

Jodi began sharing her message via blogging in 2009, and started her YouTube show in 2014.

She's raising kids in Rochester, NY, where she lives close to the earth, nurturing her garden and hanging out with her chickens, gathering all that life has to offer.

She's an anxiety-tamer, forgiveness-counselor, relationship-coach, guilt-releaser, unconditional-lover, hope-renewer and your biggest fan!

For the VIDEO VERSION:

Direct Link to the Video in case embed is not cooperating:

<https://vimeo.com/136695823>

For the AUDIO-PODCAST VERSION:

Direct Link to the Podcast in case embed is not cooperating:

<http://www.spreaker.com/user/carlyalyssthorne/finding-peace-amongst-anxiety>

For more information on Jodi Aman you can go to:

Website:

<http://www.jodiaman.com/>

Twitter:

<https://twitter.com/jodiaman>

Facebook:

<http://facebook.com/jodiamanlove>



The Keeper Of The Keys Written & Produced by Robin Jay



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Coming Soon In Production:



The Secrets Of The Keys Written & Produced by Robin Jay

Synopsis - The SECRETS of the KEYS:

What if your doctor called to tell you you're going to die? That's exactly what happens to motivational speaker and author "Elizabeth" in "The Secrets of the Keys." The inspiration she has used throughout her career to guide others comes back to her as she attempts to make sense of her situation.

She comes face-to-face with her own spiritual guide, Gwen, who has an intriguing opportunity for her. Gwen takes Elizabeth on a mystical journey where they encounter impressive experts who are eager for her to accept Gwen's unique offer of a new kind of existence. This empowering and transformational film is both entertaining and beautiful... and will forever change the way you look at life.

Writer/Producer Robin Jay once again raises the bar on self-help films with her unique hybrid style, combining a fictional story with some of the most respected experts in the field of Personal Development to deliver an empowering and transformational film.

"The Secrets of the Keys" stars these outstanding experts:

- Brian Tracy, International Business & Success Guru
- Rev. Michael B. Beckwith, Spiritual Leader and Founder of AGAPE International Spiritual Center
- John Assaraf, Spiritual Entrepreneur, Philanthropist and Teacher
- Dannion Brinkley, Author of "Saved by the Light" & Founder of "The Twilight Brigade"
- don Miguel Ruiz, Author of "The Four Agreements"
- Gloria Loring, Singer/Songwriter/Actress

This remarkable film also features these exceptional experts from around the world:

- Dr. Alfredo Besosa, Founder and Director of the Mind/Body/Spirit International Institute in Bogota, Columbia. Dr. Besosa completed his clinical training in Mind Body Medicine at Harvard University.
- Carol Scibelli, Speaker, Writer, and Author of "Poor Widow Me"
- Dr. Terry Gordon, Cleveland Clinic trained Cardiologist (retired), American Heart Association National Physician of the Year, Author of "No Storm Lasts Forever"
- Kate Emmerson, Quick Shift DEVA, Best-selling Author of "Clear Your Clutter"
- William Liu, Life Coach, Transformational Leader

- Leslie Stein, One of the first women to attend West Point, Author of ?Penny Perspectives?
- Farida Akadiri, Life Coach and self proclaimed ?Queen of Manifestation?!
- Carly Alyssa Thorne, Multi-sensory, Multi-media Transformational Muse, Author, Filmmaker

Interviewer,Producer: Carly Alyssa Thorne

Website: www.CarlyAlyssaThorne.com

Facebook: <https://www.facebook.com/carlyalyssathorne>

Twitter: <https://twitter.com/CarlyAThorne>

To watch our Other Video Shows You can go to:

<http://carlyalyssathorne.com/videoshows/video-montage/>

To Listen to Our Podcasts:

<feed://www.spreaker.com/user/4810525/episodes/feed>

To become a guest on one of our Shows go to:

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